

This leaflet was designed to provide relatives and friends of our patients with information on visiting hours and on measures to prevent the risk of contracting infections.

Please read this leaflet carefully and help us ensure these instructions are carefully followed by everyone. Your help is extremely important and will allow us to provide the best possible care to your beloved ones.

We kindly ask you report any behavior failing to comply with the rules described in this leaflet.



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ISMETT Region of Sicily UPMC



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VISITORS INFORMATION GUIDE

Accessing hospital units



Visiting hours

Given the particular type of patients treated at ISMETT visiting hours are as follows:

Intensive Care Unit (ICU):

From 1 pm to 1.30 pm and 6 pm to 7 pm
Up to two visitors are allowed (taking turns is not permitted).

All other units:

From 1 pm to 8 pm
Only one visitor is allowed (taking turns is not permitted).

From 6 pm to 7 pm
A second visitor is allowed (taking turns is not permitted).

These visiting hours were established to protect your beloved ones from the risk of infection and to ensure regular clinical activity.



Hand hygiene

Proper hand hygiene is the single most simple, cost-effective and valid method to reduce the risk of contracting nosocomial, or hospital-borne, infections.



Hand washing can prevent many infections during a hospital stay, at home or in public areas.



Throughout ISMETT you will see a sign reminding you about the importance of hand washing.



Water and soap



Hand sanitizer



HOW

Wash your hands with warm water and soap if they are visibly dirty and after using a restroom. Any other time you can use an alcohol-based gel, especially before coming in contact with patients.

All patient rooms and the restrooms in waiting areas have sinks where you can wash your hands. Gel hand sanitizers are available in all waiting areas next to the entrance to the units, along the corridors, and inside all patient rooms.

If you'd rather use a gel hand sanitizer, you don't need to wet your hands before or after using the sanitizer: just make sure your hands are dry after use.

WHEN

Always perform hand hygiene:

- Before and after visiting your beloved one.
- Before entering the room of a patient who has an external drainage, venous catheters or who has undergone surgery.
- Before assisting your beloved one with his or her meals.
- Before leaving the hospital.

We kindly request all family members and visitors to not put their hands in their mouths while inside a patient room, to not sit on the beds, and to only use the restrooms for visitors located outside the units (do not use restrooms inside patient rooms).