



## PATIENT INFORMATION

1

### The day before your admission



If you have a dental bridge or prosthesis, a few days before surgery stop using specific dental care glue because they will be removed before you are taken to the operating room.



If you are taking blood thinners you should carefully follow the instructions of our clinical staff.



Take a shower.  
Cut the nails on your hands and feet and remove any fingernail polish, if present.



Avoid hair removal (in the skin area that will be subject to surgery) at home. If necessary, this will be done in the unit before you are taken to the operating room.



Have a light dinner.

2

### What to take with you for your hospital stay



Pajama or night gown.



Undergarment.



Toilet tools (e.g., toothbrush, toothpaste, sanitary napkins, etc.)

Comfortable **non-slip shoes**.



**NO** Do not wear metal objects (i.e., rings, earrings, necklaces, piercing, etc.)

**Do not bring valuables with you**

Bring **one piece of baggage only**. Maximum size: 55x40x20 cm

All other necessary items will be provided for you at ISMETT.

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### Documents required for admission



Health card.  
Valid ID.



Request from your family doctor including diagnosis and recommended admission.



Annex E/D filled out by your family doctor (clinical history).